



Colonial Living

March 2021

www.Community-First.org



*May love and laughter light your days
And warm your heart and home
May good and faithful friends be yours
Wherever you may roam
May peace and plenty bless your world
With joy that long endures
May all life's passing seasons
Bring the best to you and yours*

BERKELEY SQUARE

100 Berkeley Drive
Hamilton, OH 45013
(513) 856-8600



WESTOVER

855 Stahlheber Road
Hamilton, OH 45013
(513) 844-8004

Berkeley Square



Berkeley Square Activities

<i>Date</i>	<i>Time</i>	<i>Activity</i>	<i>Location</i>
Friday, March 26th	2:00 pm	Music by B Caged	Healthcare Activity Area
Every Mon, Wed & Fri	10:00 pm	Exercise with Hillary	Haith Dining Room
Every Mon, Wed & Fri	2:00 pm	Exercise with Josie	Haith Dining Room
Every Monday	2:00 pm	Musical Monday	In-House TV Channel 1851
Every Tuesday	Starting at 2:00 pm	Juice Cart	Room Delivery
Every Tuesday & Thursday	2:00 pm	Bible Study with Josie	
Every Wednesday	2:00 pm	Bible Study with Chuck	In-House TV Channel 1851
Every Friday	Starting at 2:00 pm	Wine Cart	Room Delivery
Every Saturday	11:00 am	Bible Study with Chuck	In-House TV Channel 1851

For residents inside the main building: Exercise schedule and in-room crafts

Westover



Westover Activities

<i>Date</i>	<i>Time</i>	<i>Activity</i>	<i>Location</i>
Every Mon, Wed & Fri	10:30 am & 11:15 am	Exercise Class with Lorri	Rotunda
Every Mon, Wed & Fri	1:30 pm & 2:45 pm	Bingo	Cullen Hall
Every Tuesday	10:30 am	Expression Art with Lorri	Jamestown Room
Every Tuesday	Afternoon	One-on-One Room Visits	In Room
Every Thursday	Morning	One-on-One Room Visits	In Room
Every Thursday	1:30 pm	Bible Study with Rosemary	Jamestown Room
Every Thursday	2:00 pm	Snack Cart Visits	Room Delivery
Tuesday, March 2nd		Book Club Books Delivered	Room Delivery
Wednesday, March 17th	2:00 pm**	St. Patrick's Day Surprise	
Wednesday, March 24th		Book Club Books Picked Up	Room Pick Up
<i>Healthcare</i>			
Every Day	10:00 am	Exercise Class with Pat	Healthcare
Every Mon, Wed & Fri	2:00 pm	Bingo	Fitton
Every Tuesday & Thursday	Starting at 3:00 pm	One-on-One Room Visits	In Room
Every Monday	10:45 am	Monday Morning Current Events	
Every Tuesday	10:45 am	Juice Cart	Room Delivery
Every Tuesday	2:00 pm	Table Shuffleboard	Fitton
Every Wednesday	10:45 am	Chicken Soup for the Soul	Healthcare
Every Thursday	2:00 pm	Baking with Pat	Fitton
Every Friday	10:45 am	TBA	
Wednesday, March 17th	2:00 pm**	St. Patrick's Day Surprise	

****Don't forget to turn you clocks forward for Daylights Savings Time on Sunday March 14th**

CHECK OUT OUR COMMUNITY STATION FOR THESE GREAT SHOWS!

CHANNEL 1851

- **March 1st**
Frankie Vallie and the
Four Seasons Live in 92
- **March 8th**
Rock Rhythm and
Doo Wop - Various
Hit Artists Live
- **March 15th**
Paul Anka Live in
Switzerland 2013
- **March 22nd**
Violin Concerto
- **March 29th**
Kenny, Dolly & Willie:
Something Inside So Strong (1989)



EXERCISE CLASSES

MONDAY, WEDNESDAY, FRIDAY

- **9:00 am** Classic Class with Hillary
- **9:40 am** Exercise with Lorri
- **10:10 am** Kickboxing with Josie
- **10:40 am** Exercise with Pat

TUESDAY, THURSDAY

- **9:00 am** Yoga with Hillary
- **10:00 am** Jonathan's Circuit Class

ZOOM BIBLE STUDY WITH CHUCK

2nd and 4th Monday of the Month at 3:00pm

Email Chuck for more information: crullrich@cinci.rr.com

ZOOM BOOK CLUB AT BERKELEY SQUARE

3rd Monday of the Month

Call 785-2020 for the
Book of the Month

WESTOVER BOOK CLUB

Call Lorri at 867-4023

